

Words are \_\_\_\_\_, actions are \_\_\_\_\_.

**Genesis 39:21**

But the Lord was with Joseph in the prison and showed him his faithful love. And the Lord made Joseph a favorite with the prison warden.

**Genesis 40:13**

Within three days Pharaoh will lift you up and restore you to your position as his chief cup-bearer.

**Genesis 40:14**

And please remember me and do me a favor when things go well for you. Mention me to Pharaoh, so he might let me out of this place.

**Genesis 42:6**

So Jacob's sons arrived in Egypt along with others to buy food, for the famine was in Canaan as well. Since Joseph was governor of all Egypt and in charge of selling grain to all the people, it was to him that his brothers came. When they arrived, they **bowed** before him with their faces to the ground. Joseph recognized his brothers instantly.

**Genesis 45:1-2**

(Joseph) was alone with his brothers when he told them who he was. 2 Then he broke down and wept.

**Genesis 27:41**

From that time on, Esau hated Jacob because their father had given Jacob the blessing. And Esau began to scheme: "I will soon be mourning my father's death. Then I will kill my brother, Jacob."

**Genesis 31:3**

Then the Lord said to Jacob, "Return to the land of your father and grandfather and to your relatives there, and I will be with you."

**Genesis 33:1-4**

Then Jacob looked up and saw Esau coming with his 400 men. So he divided the children among Leah, Rachel, and his two servant wives. He put the servant wives and their children at the front, Leah and her children next, and Rachel and Joseph last. Then Jacob went on ahead. As he approached his brother, he bowed to the ground seven times before him. Then Esau ran to meet him and embraced him, threw his arms around his neck, and kissed him. And they both wept.

What is my child going to watch me do and **repeat**?

# LIFEGROUP DISCUSSION NOTES

**1. Get vulnerable with your group and talk about the costume that you put on when you were young (bully, class clown, smart kid, athlete, goth, etc.), and what shame did you experience to cause you to put on that costume? If you have kids, talk about their costumes.**

**2. How can we interact with people we're in relationship with to help them remove their costumes, and how should we react when they do?**

## **Genesis 2:18**

It is not good for the man to be alone. I will make a helper suitable for him.

## **Genesis 3:11**

"Who told you that you were naked?"

**3. Adam and Eve became aware of their nakedness because of their sin. What are some things that can cause people to feel shame? What happens to kids that makes them move so quickly from completely vulnerable to easily ashamed?**

**4. Why do we need relationships? Can you think of a time that you saw someone who was too isolated begin to make bad decisions or lose control?**

**5. If you have time, talk specifically about some relationships in which you need to restore intimacy. What are some specific steps you can take to make that happen?**